



LEADERSHIP SKILLS FOR WOMEN

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WOMEN AS LEADERS AT WORK & IN HOME BASED BUSINESS OWNERS

Many women are followers. They may lack the confidence to charge out on their own with new ideas. Granted, not everyone can be a leader, but many women (with some encouragement and guidance) step-up to the role of leader with spunk (great gusto).

Let's look closely at the classic "follower" and attempt to take women who do not simply want to follow any longer, and create a new world for them where they may shine and gain self-confidence necessary for leadership roles.



HANDOUT



THE FOLLOWER

List below three (3) women who you consider to be “followers”.

1. _____

2. _____

3. _____

What are the characteristics of a “follower”?

1. _____

2. _____

3. _____



THE FOLLOWER

- ❖ More comfortable “out of the spotlight”
- ❖ Lacks confidence to be in the “front of the pack”
- ❖ Complacent with the “status quo”
- ❖ Takes orders
- ❖ May feel resentful of the leader (jealous)
- ❖ Possible low self-esteem
- ❖ Can be guided
- ❖ May be bored in the “follower” position
- ❖ May lack challenge and stimulation
- ❖ May object and complain frequently
- ❖ Insecure in sharing new ideas



LEADING PEOPLE

People will follow you only when they believe in you.

Name three ways that people believe in you:

1. _____
2. _____
3. _____

In order to lead others, you must build relationships with those whom you are going to empower.

Name three people with whom you can develop better relationships and how you can improve the relationship:

1. _____

2. _____

3. _____



LEADING ONE PERSON FOR TODAY

Find one person to concentrate on today. Invest in this person by finding something worthwhile, by being encouraging and building confidence.

Who is the person? _____

What actions can you take to make them feel worthwhile?

1. _____

2. _____

3. _____

What words can you use (genuinely speaking) to help reinforce their confidence?

1. _____

2. _____

3. _____

What obstacles does this person face in life?

1. _____

2. _____

3. _____



LEADING BY EXAMPLE

- ❖ I do it.....(I will perfect my own craft or skills)
- ❖ I do it.....and you watch (I will demonstrate my skill)
- ❖ You do it.....and I watch (I give you permission to take over my job, but I stay with you to give you encouragement)
- ❖ You do it (Once you are proficient, I will step back and let you work alone)

Question: How can you use the model above with the person you are going to encourage and lead?

Step 1: _____

Step 2: _____

Step 3: _____

Step 4: _____



EXPERIENCING SETBACKS AS A LEADER

Name one leader who in spite of all odds, overcame the obstacles and became a very accomplished leader:

Name the leader: _____

Obstacle: _____

How did the leader overcome obstacles?:

1. _____

2. _____

3. _____

What was the leader's attitude toward this "detour" or obstacle?

How do you typically respond to setback and obstacles?

1. _____

2. _____

How can you create a better way of meeting the obstacles "head on" and creating a "can-do" attitude?:

1. _____

2. _____



Would you be an excellent role model to others, showing them positive ways to resolve conflict, and overcoming barriers/obstacles?

Why or why not? _____

What was a recent obstacle/detour you overcame? _____

How did you help/encourage someone else to overcome their obstacles?

1. _____

2. _____

3. _____



TRANSPARANCY



UNDERSTANDING OBSTACLES

1. You may not be able to control what happens to you, but you can control **HOW YOU RESPOND TO WHAT HAPPENS TO YOU.**
2. The past is behind you. **DO NOT LET YOUR PAST BE RESPONSIBLE FOR CONTROLLING THE PRESENT.**
3. Everyone has limitations. (Lack of money, education, poor appearance, few opportunities, physical/mental challenges). **LIMITATIONS SHOULD NOT BE YOUR STOP SIGNS. UNDERSTAND WHAT YOU CANNOT CHANGE AND ACCEPT THIS, AND UNDERSTAND WHAT YOU CAN CONTROL.**
4. No matter what has happened to you, **IT IS UP TO YOU TO OVERCOME THAT INJURY OR HURT AND MOVE BEYOND IT.**
5. Do not blame others. Accept what has happened and move beyond it. Do not harbor anger. **DO NOT LET ANYONE ELSE PROGRAM YOU FOR FAILURE. RISE ABOVE IT.**
6. Do not let others control your life and destiny. **YOU HAVE CONTROL! YOU ARE IN CHARGE OF YOUR OWN LIFE.**



HANDOUT



OBSTACLES

Obstacles occur to everyone in life when they are attempting to reach a goal or vision.

Think about obstacles in the lives of people you know (or have read about) and how those people overcame the obstacles (or did their best in spite of adversity):

PERSONAL	OBSTACLE	STRATEGY FOR SUCCESS
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EXAMPLE:

CeCeBROWN	Evicted, homeless w/2 kids	Wanted a job, but jobs was scarce, so I outsourced my administrative skills, creating a 1-person business, contacting as a (1099) to organizations & businesses
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1. _____
2. _____
3. _____



TRANSPARANCY



OBSTACLES OCCUR TO EVERYONE.

IT IS THE WISE WOMAN WHO UNDERSTANDS
THAT ADVERSITY MAY GIVE HER THE ADDED
DRIVE TO ACHIEVE HER DREAM.

A WOMAN WHO WILL BE A LEADER DOES
NOT GIVE UP.



